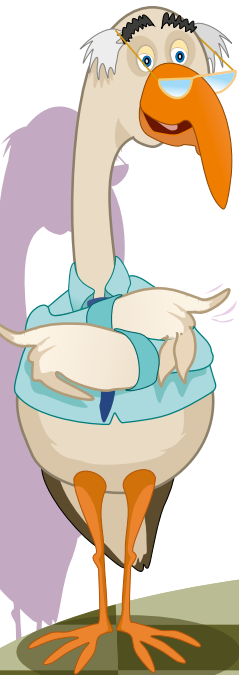


A handwashing story



There is a bug called Coronavirus which can make people sick.

We can help to stop the bug by washing our hands more.

Washing our hands stops germs from spreading.

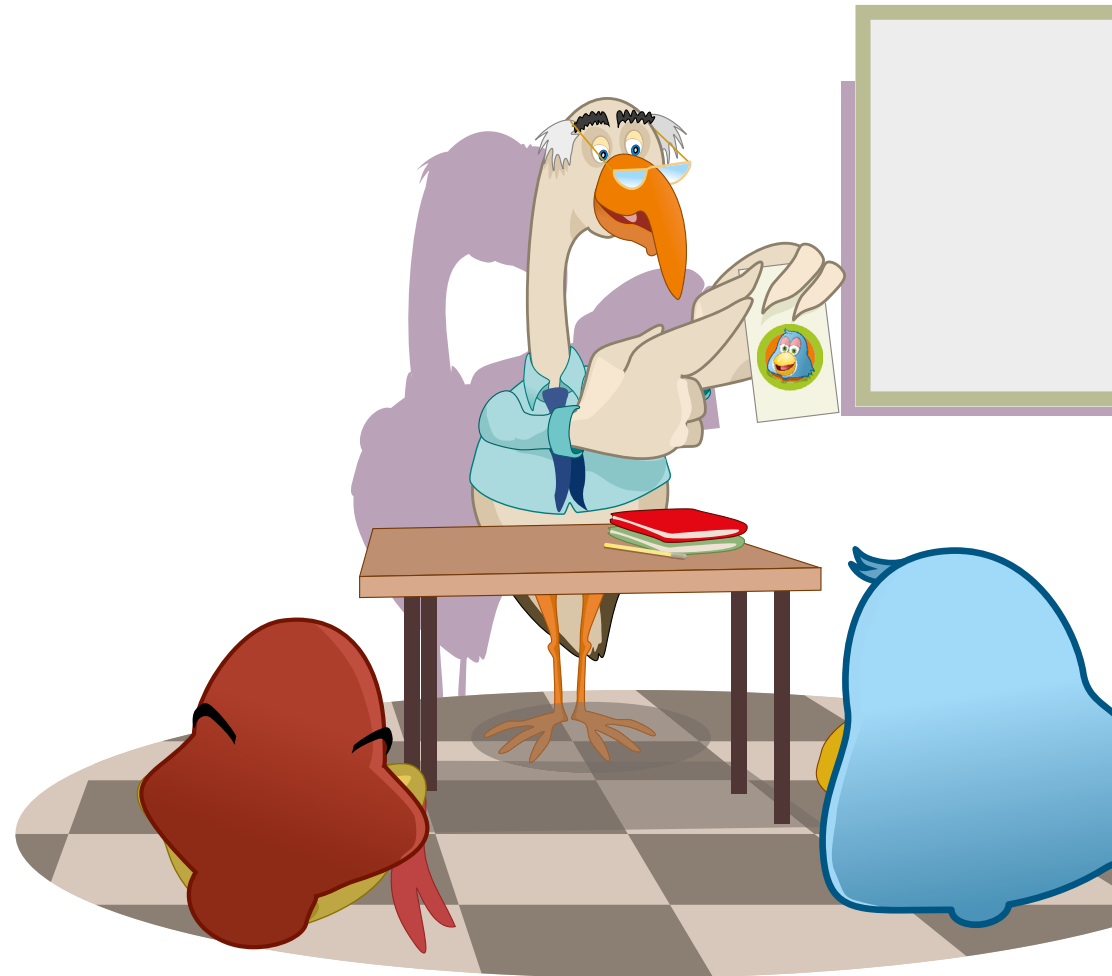


Washing our hands might take a bit longer to do. This is ok. The teacher will give us time.

We can sing 'Happy Birthday' twice. This is how long it should take us to wash our hands.



If I forget, my teacher will remind me to wash my hands. I can ask my teacher for more soap or towels if they have all gone. These stickers will help us remember.



Washing hands in

7 Steps

It might feel strange to wash our hands a lot in school. That is ok – this is new for everyone.

Our teachers and the adults in school will help us to remember to wash our hands.

We need to wash all the parts of our hands:

Step
1



First, we put water on our hands

Step
2



Then we put soap on

Step
3



We rub our hands together

Step
4



We wash all of our fingers,
right to the top

Step
5



We wash our thumbs

Step
6



Then we put water on our hands
again and rinse them

Step
7



We dry our hands with a paper
towel or cloth



When should you wash your hands?



Washing our hands will help us to stay clean and safe

We wash our hands at the start of school

Our teacher will ask us to wash our hands after we have been playing

If we sneeze or cough, we have to wash our hands

We wash our hands when we are going to eat something

And when we have finished

We go to the toilet, then wash our hands

And when we leave school to go home



Did you
enjoy this
story?



T: 0333 577 0784

E: office2@speechlink.co.uk