

# Mini Olympics

This game is to help your child understand words we use to talk about the order we do things in,

e.g. 'first touch your toes then clap your hands three times'.

To play this game you will need to set up a small obstacle course for your child,

e.g. Jump on a cushion, crawl under a blanket, throw a soft toy into a container etc.

Give him or her instructions to follow using the words:  
before, after, first, last, then, next

Start by asking your child to complete instructions with two parts,

e.g. 'Jump on the cushion before you balance on one leg'.

Once your child can do this you can introduce three part instructions.



## Variations

To make this game easier keep the instructions short.

To make this game harder use longer instructions.