Bath Time

This game is to help your child learn to follow short instructions that involve two important bits of information and to listen carefully.

You will need a sponge, a teddy and another soft toy e.g. a rabbit to play this game.

Tell your child that you are going to pretend to give teddy and rabbit a bath. Ask your child to choose a toy to wash first.

Give your child instructions to wash different parts of the toy, e.g. ‘Wash teddy’s tummy’, ‘Wash teddy’s nose’ etc.

When your child can do this easily introduce the second toy. Tell your child to listen carefully to your instructions. Ask him or her to wash different parts of teddy or rabbit. You may need to encourage your child to listen to you and wash the parts that you say.

Remember to let your child be teacher and give you instructions to follow. You may need to remind your child to tell you which toy to wash and which part to wash. Try to encourage your child to tell you both things in one sentence. See if your child can spot your ‘mistakes’.

Variations:

To make this game easier get your child to copy what you have done.

To make this game harder use more toys and introduce a towel to dry parts of their body.